

Organico

Organic

SUNFLOWER OIL

Ingredient: Organic deodorized and
winterized high oleic sunflower oil

* from organic EU agriculture

NUTRITION INFORMATION

Servings per package:33 - Serving size: 15ml

	Per serving	Typical value per 100ml
Energy	505kJ 122kcal	3367kJ 819kcal
Fats - Total	13g	91g
Of which saturates	1g	8g
Of which mono-unsaturated fat	11g	75g
Of which polyunsaturated fat	1g	8g
Carbohydrates	0g	0g
Of which sugar	0g	0g
Protein	0g	0g
Salt	0g	0g
Vitamin E	10mg 83% R*	67mg 558% R*

* Reference intake

Ideal for cooking and frying, mild in taste
and high in Vitamin E, our organic
sunflower oil is the result of 5
generations of oil milling expertise.

Storage: Keep away from light and heat.
Batch number/ Best before:



FR-BIO-01

EU Agriculture

500ml



Organico Realfoods, 3 City Limits,
Danehill, Lower Earley, Reading,
RG6 4UP. Tel: 01189238760
www.organico.co.uk