

## Product

Name	Organic Pine Nuts
Description	Just Natural Organic Pine Nuts are carefully selected from the best organic growers around the world. High in essential fatty acids, pine nuts are actually the seed harvested from pinecones and they are not nuts at all – therefore people suffering with tree nut allergies are able to safely consume pine nuts. Their light nutty flavour and soft crunch make them a perfect salad topper and also an essential ingredient in home made pesto and other sauces. And they're packed in our 100% plastic free home compostable packaging.
Code	JN373
Barcode	5055177501640
Country of Origin*	China

\*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.

## Packaging

Net Content	1kg
Packaging Type*	Home Compostable Packaging (Certified)

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## Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Pine Nuts

## Nutritional Values per 100g

	5
Energy	3,016KJ (720kcal)
Fat	68.4g
Of Which Saturates	4.9g
Carbohydrates	13.1g
Of Which Sugars	3.6g
Fibre	3.7g
Protein	13.7g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Great for making pesto's and other sauces as well as topping salads. Ready to eat as they are, or toast in a frying pan until golden brown.