



CERTIFICATE OF ANALYSIS

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PRODUCT NAME: Boost 90s
CUSTOMER NAME: **Halo Health and Beauty**
BATCH NUMBER: R2725015
DATE OF MANUFACTURE: 15 February 2025
BEST BEFORE DATE: 15 February 2027
INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound Weight
Lion's Mane (Customer Supplied)	133.33 mg	133.33 mg
L-Tyrosine	115.00 mg	115.00 mg
Acetyl L-Carnitine	100.00 mg	100.00 mg
<i>Acetyl L-Carnitine HCL 100%</i>		
Cognizin (Customer Supplied)	66.67 mg	66.67 mg
Rhodiola Extract(Customer Supplied)	66.67 mg	66.67 mg
Caffeine Anhydrous	50.00 mg	50.00 mg
EFSA Upper Safe Limit = 200mg per serving		
Magnesium (Bisglycinate) (Buffered)	9.85 mg	50.00 mg
<i>Magnesium bisglycinate chelate (CAS # 14783-68-7), magnesium oxide , citric acid, maltodextrin, silica</i>		
Ginkgo Extract (Customer supplied)	33.33 mg	33.33 mg
L-Theanine (Green Tea Extract) (Camellia sinensis)	13.33 mg	33.33 mg
Vitamin B6 (Pyridoxine HCl)	1.40 mg	1.70 mg
Zinc (Citrate)	522.70 µg	1.67 mg
Folic Acid	50.00 µg	50.00 µg
Vitamin B12 (Methylcobalamin)	2.50 µg	2.50 µg

CAPSULE SHELL: Vegetable Cellulose (HPMC) 120mg

EXCIPIENTS: None.
APPEARANCE: Light brown powder filled in two piece hard shell capsule
DIAMETER: 0.9 cm (size 00)
SHELF LIFE: Retest after 2 years
DISINTEGRATION TIME: Within 30 minutes
TYPICAL AVERAGE WEIGHT: 776mg
WORKS ORDER NUMBER: 37942

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 90 capsules packed into a 200ml amber PET tub, with a 38mm silver unishell lid with an internal tamper evident IHS seal. Customer supplied label applied.

All the ingredients in this formulation and the product itself are non-GM, and non-irradiated.

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The above product has been manufactured according to GMP guidelines. Our purchasing specification for individual ingredients states that these are to comply with all relevant EU regulations in relation to food supplements, which includes the regulation on PAHs 2015/1993, heavy metals and micros, and that the ingredients are to be Non-GM and Non-Irradiated. Supplier's statements, risk assessments and CofAs are checked and kept on file, G&G also does their own due diligence tests on raw materials to assure the quality and compliance to EU regulations.

Based on the above we confirm that this product is per current EU regulations on Microbacteria levels, Heavy Metals and PAH's for food supplements. Lead NMT 3ppm, Cadmium NMT 1ppm, Mercury NMT 0.1ppm.

The manufacturing facility (Clean Room) at G&G Food Supplies Ltd is validated as EU GMP Grade D (ISO Class 8). Company registration number 2103924. G&G are inspected and certified by the MHRA for EU GMP, SGS for a third party Food Safety Certificate, the Soil Association as organic, Rabbi Adler for Kosher, and the World Halal Trust for Halal. G&G are members of the UK Health Food Manufactures Association and are registered for manufacturing food products with the local council.

We do hereby certify that the above data is true and correct, signed on behalf of G & G Food Supplies Ltd.

Signed 
Matthias Bournot – Quality Manager

Date 3 March 2025
(E. & O.E.)