Organic Honey with bee pollen, propolis, royal jelly Ingredients:

95% Organic Wildflower Honey

5% pollen, propolis, royal jelly

Nutrition Typical values 100g:

Energy:1229kJ/288kcal, Fat 0g of which saturates 0g, Carbohydrate 76.4g of which sugars 76.4g, Protein 0.4g Salt 0.03g