



Benefits in Every Brew:

- 🛡️ Antioxidant-rich blend to combat free radicals.
- 🍌 Immunity and vitality boost, fortifying your defenses.
- 🌿 Soothe inflammation and enhance joint health.
- 💧 Hydrate, detox and nourish your skin from within.
- ❤️ Support heart health with every delightful sip.

Description

Sea moss and Moringa tea is a popular herbal tea known for numerous health benefits. Sea moss is made from dried sea moss, a type of seaweed, and is rich in essential minerals like iodine, iron, and magnesium. It is believed to support thyroid health, improve digestion, and boost the immune system.

On the other hand, moringa tea is made from the leaves of the moringa tree (AKA Tree of Life), which is native to parts of Africa and Asia. Moringa leaves are packed with vitamins, minerals, and antioxidants, making it a nutritious addition to your diet. Moringa tea is known for its potential to reduce inflammation, regulate blood sugar levels, and support overall well-being.

Both sea moss and moringa teas can be enjoyed hot or cold and can be sweetened with honey or other natural sweeteners. They make a great addition to a healthy lifestyle and can be enjoyed as a refreshing beverage or as part of a wellness routine.

Direction

Steep a tea bag in hot water for a few minutes. Allow the flavours to infuse, and enjoy a cup of goodness.

Ingredients

Wild crafted Sea Moss (*Chondrus crispus*), Moringa

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		Batch 041517
		BBD: 28-04-2028

LOVINGLY HANDCRAFTED

GENNI brings you a nourishing beverage derived from the nutrient-dense seaweed, a treasure trove of health benefits. 15 Bio degradable pyramid tea bags with Sea Moss and Moringa packed with antioxidants and anti-inflammatory benefits, as well as aiding balancing hormones.

This versatile ingredient, rich in minerals like iodine, iron, and potassium, offers a rejuvenating boost to your daily routine. Renowned for its ability to support thyroid function and promote overall well-being, sea moss tea is a delightful way to incorporate this superfood into your diet. Boasting a subtly briny flavour, it can be enjoyed hot or cold, with a splash of honey or sweetener.

Embrace the power of the ocean and indulge in this revitalising elixir, a natural ally for a balanced and vibrant lifestyle. Whether you're seeking a refreshing pick-me-up or a soothing nightcap, sea moss tea is a versatile companion that caters to your unique preferences.