



Product name **Organic Olive Oil Seaweed Snacks** <https://morishsnacks.co.uk/products/organic-olive-oil-seaweed-snacks>

Brand name Morish Snacks <https://morishsnacks.co.uk/>

Description Treat your taste buds to the buttery goodness of MORiSH's Organic Extra Virgin Olive Oil Seaweed Snacks! We've paired premium seaweed with the silky smoothness of olive oil, toasted to crispy perfection and kissed with just the right pinch of sea salt. The result? A savoury snack so sophisticated, it practically has a VIP pass to flavour town – delicious, satisfying, and oh-so-nutritious.

At only 21 calories per pack, these crunchy olive oil seaweed thins deliver big on flavour and nutrients – think B12 and iodine – without weighing you down. Whether you're vegan, gluten-free, keto, fibre-maxxing, or just snack-obsessed and hungry, they've got your back. So why wait? Grab a pack and enjoy a guilt-free treat that's as good for you as it is for the planet!

Our extra virgin olive oil seaweed sheets are the ultimate grab-and-go snack – perfect for work, school, home, or wherever snack cravings strike. But they're not just great on their own! Crumble them over ramen, rice bowls, salads, or any dish that needs a little crisp umami magic. So easy. so good!

Ingredients Organic extra virgin olive oil (49%), organic seaweed (47%), sea salt, mixed tocopherols (vitamin E) to preserve freshness.

Allergen statement Made on shared equipment that also processes soya, sesame oil.

Storage information Ambient. Store in a cool dry place.

Typical nutritional values	per 100g	per pack (4g)	
Energy (kJ / kcal)	2,190 / 523	88 / 21	
Fat (g)	40	1.6	
of which saturates (g)	5.1	0.2	
Carbohydrate (g)	8.6	0.3	
of which sugars (g)	0	0	
Fibre (g)	17.7	0.7	Zero sugar
Protein (g)	23.4	0.9	High in fibre
Salt (g)	2.0	0.1	Source of protein
Vitamin B12 (µg / %RI)	27.5 / 1,098%	1.1 / 44%	High in vitamin B12
%RI = daily reference intake			

Country of origin South Korea
Commodity code 2008999990
Manufacturing VAT FSSC 22000
 No



General & dietary			
Organic	Yes, certified	Nut free	Yes
Gluten free	Yes, certified	Wheat free	Yes
Vegan	Yes, certified	Free from palm oil	Yes
Vegetarian	Yes	Free from hydrogenated oils	Yes
Dairy free	Yes	Free from artificial additives	Yes
Sugar free	Yes	Non-GM	Yes
Free from added sugar	Yes	Raw	No

Packaging details	Packs	Weight Net	Gross	Dimensions L x W x H	Cases/pallet	Layers/pallet	SKU	EAN
	#	g	g	cm	#	#		
Case 6x 5x4g	30	120	595	25 x 21.5 x 19	100	5	MSSW000120G1	18807004004398
Case 20x4g	20	80	306	29 x 10 x 18.5	200	5	MSSW000080G1	18807004004411
Caddy 5x4g	5	20	63	8 x 10 x 18			MSSW000020G1	8807004004391
Single pack 4g	1	4	8	0.5 x 10 x 18			MSSW000004G1	8807004004414



SNACKS WITH BENEFITS