

BLEED\_3mm all round\_277x30+6mm bleed =283x36mm

TRIM\_277x30mm

CONTENT\_260x26mm

Produced in Maldives



NUTRITION INFORMATION		
Servings per package: 2		
Serving size:60g (Drained weight)		
	Per serving	Typical value per 100g (drained)
Energy	469kJ/113kcal	782kJ/189kcal
Fat - Total	5.4g	9.0g
of which saturates	0.9g	1.5g
Carbohydrates	0g	0g
of which sugars	0g	0g
Protein	16.2g	27.0g
Salt	0.5g	0.9g
Sodium	216mg	360mg

**Yellowfin tuna steaks in organic olive oil**

Ingredients: Yellowfin tuna (75%), extra virgin olive oil \*(17.5%), water (7%) salt (0.5%).

\*Organic agriculture certified by MV-BIO-149 (Total percentage of Organic ingredients: 17.5%)

Allergy advice: For allergens, see ingredients in bold

Contains fish

Net weight **160ge**  
Drained weight **120g**

Yellowfin tuna pole and line fished and packed in the Maldives for Organico Realfoods, 3 City Limits, Reading, RG6 4UP, UK. Tel: 0118 923 8760. [www.fish4ever.co.uk](http://www.fish4ever.co.uk) Australia: First Ray, Suite 173 / 137 Cardigan St, Carlton, 3053 VIC Australia. [www.firstray.com.au](http://www.firstray.com.au)  
Best before: see can  
Once opened keep refrigerated and consume within 2 days.

Enter code on base of can at [fish4ever.co.uk](http://fish4ever.co.uk) to trace your fish back to the boats that caught it.

**FISH4EVER**

**FAIR TRADE**  
**YELLOWFIN TUNA**  
in organic olive oil 160g



Fair Trade Certified™  
by Fair Trade USA®

MDV-011

• Local boats  
• Pole and line

GLUE