

## Nutritional Information

Serving Size: **1 Softgel**

Servings Per Container: **400**

### Directions:

Take one softgel daily, with food or as directed by your Healthcare professional.

Ingredients	Per Serving	*NRV
<b>Vitamin A</b>	10,000 IU	375%
KEY: *NRV = Nutrient Reference Value ** = No NRV Established		

### Ingredients:

Sunflower Seed Oil (Helianthus Annuus), Capsule Shell (Bovine Gelatine, Glycerin), Vitamin A Palmitate.

### ⚠ CAUTION:

DO NOT TAKE IF YOU ARE PREGNANT OR LIKELY TO BECOME PREGNANT EXCEPT ON THE ADVICE OF A DOCTOR OR ANTENATAL CLINIC. If you are taking medication, under medical supervision or under the age of 18 it is advisable to consult a GP prior to taking any supplements. Recommended for short term use only up to 6 months, unless advised by a doctor. Do not exceed stated dose.

## What's Inside?

Take a closer look at the ingredients in each and every serving.

