

Typical Values	as prepared per: 100g	as prepared per: 153g
Energy (kJ) / (kcal)	573 /	877 /
-	135	207
Fat (g)	<0.5	0.8
of which saturates (g)	0.1	0.2
Carbohydrate (g)	28	43
of which sugars (g)	0.6	0.9
Fibre (g)	1.9	2.9
Protein (g)	3.9	6.0
Salt (g)	0.23	0.35
This pack contains 4 x 63g servings (153g prepared)	-	-

Ingredients

Wheat Flour (87%), Water, Salt

Allergen Information

May Contain Eggs, Contains Wheat

Allergy Information

May contain Egg. Prepared to a vegan recipe. Not suitable for those with an Egg allergy.