

CEREMONIAL GRADE MATCHA (1,500MG)

Rich in natural caffeine for sustained energy.

YERBA MATE (300MG)

Provides sustained energy and supports metabolic flexibility.

LION'S MANE (100MG)

Enhances mental clarity and reduces brain fog.

CORDYCEPS (50MG)

Supports optimised endurance and VO2 max.

VITAMIN B12 (2.5MG) + VITAMIN B6 (1.4MG)

Boosts brain health and immunity.

NUTRITION INFO (PER SERVING):

Caffeine 48mg | Calories 17kcal | Fat <0.5g |

Carbohydrates <1g | Protein <0.5g | Salt 0g