



# SPINACH MULTIGRAIN MILLET DOSA

## Crepe Mix

Goodness of 4 Supergrains and Real Spinach

- **Foxtail Millet:** Great source of protein
- **Black Gram, Bengal Gram, and Moong Dal:** High in plant-based protein and minerals
- **Spinach:** Rich in carotenoids, vitamin K1, folic acid, iron, and calcium



**Made with Millets**  
**No Maida**  
**No Preservatives**  
**No Chemicals**  
**No Artificial Colours**  
**or Flavours**

### Nutritional Information

Serving Size: Approx 50 g (makes two 5" dosas). Servings Per Pack: 3

	Per 100 g	% RDA per Serve**
Energy	386.8 kcal	9.7%
Protein	13.0 g	13.0%
Carbohydrate	75.4 g	12.6%
Total Sugar	1.3 g	—
Added Sugar	0.00 g	0.0%
Dietary Fibre	6.7 g	13.3%
Sodium	569.9 mg	14.2%
Total Fat	3.8 g	2.8%
Saturated Fat	0.9 g	1.9%
Trans Fat	0.0 g	0.0%
Cholesterol	0.0 mg	0.0%

Contains saturated fat not more than 1%. \*Approx values. \*\*Reference intake for an adult as per ICMR guidelines.

**INGREDIENTS:** Supergrain blend (64%) (foxtail millet flour, rice flour), moong dal (green gram) (16%), urad dal (black gram) (14%), iodised salt, spinach powder, spices (asafoetida, curry leaves and cumin), onion flakes, citric acid and raising agent (baking soda) [INS 500(ii)]

**Food Additives – None**

**Allergen Advice:** Made in a facility that processes wheat and nuts. May contain trace elements.

**Storage:** Store in a cool, dry place. Once opened, transfer to an air-tight container and consume within 30 days.



Slurpp Farm Spinach Dosa Mix	
Dairy free	Yes
Gluten free	No
Organic	No
Raw	No
Vegan	Yes
Vegetarian	Yes
Wheat free	Yes
Sugar free	Yes
Fair Trade	—
Produce of GB	—

Allergens	
Nut free	Yes
Egg free	Yes
Celery free	Yes
Lupin free	Yes
Milk free	Yes
Mustard free	Yes
Sesame seed free	Yes
Soybean free	Yes
Sulphur Dioxide free	Yes
Maize free	Yes
Citric acid free	No
Crustacean free	Yes
Mollusc free	Yes
Fish free	Yes
Peanut free	Yes
No added sugar	Yes
Certified Low FODMAP	—
No BPA	Yes
Plastic free	No

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