


89 mm

FIC020

# higher nature®



NO ARTIFICIAL SWEETENERS

## VITC

VITAMIN C 1000mg

20 effervescent tablets

FOOD SUPPLEMENT

**VITAMIN C 1000mg**  
✓ Vitamin C contributes to the normal function of the immune system & reduction of tiredness & fatigue.  
Natural orange with fruit sugar (fructose) & sweetener (stevia).

**PRODUCT INFORMATION:**  
One tablet typically provides: %RDA\*  
Vitamin C 1000mg 1250  
\*RDA = Recommended Daily Allowance

**INGREDIENTS:** Citric acid anhydrous, L-ascorbic acid, fructose, sodium bicarbonate, acidity regulator: sodium carbonate; humectant: sorbitol; thickener: inulin; thickener: potato starch; natural flavouring: orange (carrier: potato maltodextrin; emulsifier: acacia gum; antioxidant: dl-alpha tocopherol); anti-caking agent: tricalcium phosphate; colours: red beet (carrier: potato maltodextrin; acidity regulator: citric acid); riboflavin-5-phosphate sodium; sweetener: steviol glycosides.


Suitable for vegetarians and vegans.

**DOES NOT CONTAIN:** Artificial colours, flavourings, preservatives, acesulfame K, aspartame, saccharine or sucralose, dairy products, gluten, lactose, soya, wheat, yeast.

**DIRECTIONS:** Adults and children over 13 years take ½ - 1 tablet a day, children 3-13 years take ½ tablet a day, or as your health professional advises. Add to water; dissolves gently. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Store in a cool, dry, steam-free environment out of the reach of children.


Best before end: see base  
Made in the EU for Higher Nature,  
Burwash Common, East Sussex, TN19 7LX, UK  
[www.highernature.com](http://www.highernature.com)

108



5 1031013 104107 >

FIC-244-03



128.5 mm