



## Organic New Zealand Wheatgrass Powder

Wheatgrass powder is produced from the young leafy shoots of the wheat plant and is recognised for its concentration of micronutrients. 10kg of fresh leaves produces 1kg of our powder and unlike wheatgrass juice powder we preserve the fibre from the leaves, to produce a powder that is high in fibre. We source from an organic farm in New Zealand, where the wheatgrass grows in rich soil before being dried and milled to preserve the nutritional integrity of the plant.



Add to a smoothie



Stir into your favourite dip



Boost your favourite recipes

### HELP US SAVE THE RAINFOREST

Rainforest Foods works with Rainforest Concern (charity no.1028947) to conserve threatened forests; protecting endangered habitats, the wildlife and indigenous peoples.



For every pack sold, Rainforest Foods will fund the protection of one square metre of rainforest. For further information visit: [www.rainforestconcern.org](http://www.rainforestconcern.org)

### OUR SHARED EARTH INITIATIVE:

We search the world for the most nutritious foods, source from producers who farm responsibly and donate at least 10% of our profits to support social and environmental projects around the world.

### NUTRITIONAL INFORMATION

TYPICAL VALUES (As Sold)	Per 100g	(%RI*)
<b>Energy</b>	1193kJ 287kcal	
<b>Fat</b>	2.3g	
of which saturates	0.6g	
<b>Carbohydrate</b>	27g	
of which sugars	7.2g	
<b>Fibre</b>	46g	
<b>Protein</b>	17g	
<b>Salt</b>	0.02g	
<b>Vitamin A</b>	1372µg	172%
<b>Vitamin E</b>	15mg	128%
<b>Vitamin C</b>	139mg	173%
<b>Iron</b>	11.8mg	84%

\*Reference Intake of an average adult (8,400kJ/2,000kcal).

**INGREDIENTS:** Organic Wheatgrass Powder

**SUGGESTED USE:** Take 4-6g (2-3 teaspoons) per day.

**STORAGE:** Store in a cool, dark and dry place. This pack contains approximately 33 servings.

Wheatgrass powder (*Triticum Aestivum*) produced in New Zealand, packed in the UK for Green Origins, Sheffield, S25 3SF.

#### HIGH IN VITAMIN A

Vitamin A contributes to the maintenance of normal skin.

#### HIGH IN IRON

Iron contributes to the normal function of the immune system.

**Best Before End: See below**



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Non-EU Agriculture

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TO LEARN MORE ABOUT OUR PRODUCTS VISIT [WWW.RAINFORESTFOODS.COM](http://WWW.RAINFORESTFOODS.COM)