



RELAXING

ECOFLEX®

Magnesium Flakes

Soothe Aching Muscles & Joints



Natural Salts
100%

VEGAN

V

Fragrance
FREE

Paraben
FREE

2kg

Magnesium Flakes

Over 2000 feet below sea level lies the Dead Sea, the lowest place on earth. With 330 sunny days a year and an oxygen-rich atmosphere, it is a coveted destination for healing and relaxation.

The Dead Sea is renowned for its high mineral concentration derived from the surrounding rocks and soil. Through solar evaporation, the brines are concentrated to 33%, resulting in the extraction of Magnesium Chloride.

Through dehydration Magnesium Flakes, derived from this extraction, contain minerals like magnesium, calcium, potassium, and iron known for their ability to soothe muscles and joints, improve circulation, nourish the skin, and alleviate stress and tension when used in a bath soak.

These flakes are also recognised for their antibacterial, anti-fungal, antiviral, and antiseptic properties, making them a popular choice for muscle relaxation, sports injuries, and recovery in the bath.

In addition to a bath soak the salts can also be helpful for conditions such as eczema, psoriasis and acne.

Directions:

- For relaxing purposes add 250g (approximately 2 cups) to a warm bath and relax for 20 minutes.
- For soothing muscles increase to 4 cups, approximately 500g and soothe joints for at least 20 minutes.
- For a soothing foot bath add 125g (approximately 1 cup) to 5 litres of warm water and soak for 20 minutes.

Ingredients: Magnesium chloride hexahydrate.

Storage Instructions:

Magnesium flakes absorb moisture so seal immediately after use and store in a dry place.

2kg

Packed in the UK

ECOFLEX®



Packed in the UK for:
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Batch Number: 28339
Best Before Date: 28/08/2026