

Organic Spirulina Powder /200g/400ml / label size 82x230mm

KIKI's Organic Spirulina is a strain grown organically on a peninsula surrounded by natural forests and away from urban areas. It is routinely tested for the presence of mercury, lead and other contaminants to ensure that our spirulina is as pure as possible. The spirulina is carefully dried through an evaporation method using low temperatures to preserve all the nutritional content. KIKI's Spirulina contains over 65% plant-based protein for healthy muscle and bones, and 1333% of the recommended daily intake of vitamin B12, which helps to reduce fatigue and tiredness, as well as contribute to the normal function of the immune system.

Best before end: See base. **Storage:** Store in a cool, dry place away from direct sunlight. Refrigeration is not required.

Food supplements should not be used as a substitute for a varied diet. Keep out of reach of children. Do not exceed the recommended daily dose.

Suitable for vegetarians and vegans. Naturally free from gluten and wheat.
NO ARTIFICIAL COLOURS, PRESERVATIVES, SWEETENERS OR FILLERS



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ORGANIC SPIRULINA

POWDER

100%RAW
INGREDIENTS

Rich in protein. High in
vitamin B12, magnesium,
iron & calcium

food supplement
200g e

KIKI HEALTH

Directions for use:

Adult intake should begin with two (2) teaspoons or more in a glass of water or juice. Can also be sprinkled on or mixed with food.

Ingredients:

100% Organic Spirulina Powder
Serving Size: 2 teaspoons (10g)
Servings Per Bottle: 20

Nutrition

Typical values	per 100g	per 10g	%RI*
Energy	1420kj 336kcal	142kj 33.6kcal	
Fat	1.0g	0.1g	
of which saturates	0.5g	0.05g	
Carbohydrate	13.1g	1.31g	
of which sugars	<0.1g	<0.01g	
Fibre	5.1g	0.51g	
Protein	65.9g	6.59g	
Salt	0.9g	0.09g	
Vitamin B12	170ug	17ug	4533
Calcium	332.5mg	33mg	28
Magnesium	300mg	30mg	67
Iron	6.58mg	0.7mg	33

*Reference intake of an average adult (8 400 kJ/2 000 kcal)