

Nutrition Facts

Serving size: 1 packet

(30 g)

	RI*	30 g	100 g
Energy	3%	107	359
Total fat	4 %	3.0 g	10 g
Saturated fat	2 %	0.4 g	1.2 g
Carbohydrates	1 %	4.3 g	14.5 g
Sugars	0 %	0.2 g	0.8 g
Dietary Fibre	-	4.8 g	16 g
Protein	22 %	13.4 g	44.8 g
Salt	13 %	0.9 g	3.0 g

Ingredients: chips (soy protein concentrate, tapioca and potato starch, fibre (soy), salt, potato flakes, soy lecithin), natural flavours (milk), sunflower oil, milk protein.

Net weight

30 g

Store in cool, dry place.

RI* Reference Intake per serving. The RIs for an adult are based on the requirements for an average person with no special dietary requirements and an assumed energy intake of 2000 kcal.

Do not exceed recommended daily dose.

Dietary supplements should not be used as a substitute for a balanced diet.

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Manufactured on equipment that processes egg, mustard and celery.

BE KETO

TM