



# Magic Magnesium™

## Citrate 750 mg



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Muscles, nerves and microcirculation

Based on magnesium citrate source

Food supplement • 60 tablets

MANUFACTURED IN SWEDEN

247 mg elemental magnesium per daily dose,  
vitamin B complex, vitamin D  
& herbal combination extract

with herbal  
ingredients



Æ044147

Dimension 86 x 112 x 42

Pant 7698 C + dots = 91%

C=56 M=0 Y=100 K=22

C=35 M=0 Y=100 K=18

C=0 M=60 Y=100 K=0

Silver

Black

Inner colour

Pant 7698 C



### MAGNESIUM CITRATE

Magnesium citrate is a form of magnesium that's bound with citric acid. This acid is found naturally in citrus fruits, giving them their tart, sour flavour. Magnesium citrate is one of the most popular types of magnesium supplements.

### MAGIC MAGNESIUM

The magnesium source in this tablet is supported by a herbal combination extract of long pepper and maritime pine bark. The maritime pine bark helps maintain the microcirculation. Long pepper helps the absorption and utilization of other herbs.

### THE PATH OF VITALITY | SINCE 1990

New Nordic is a Scandinavian-based company established in Roskilde, Denmark in 1990. Over the years, we have built up a special know-how within vitality-giving herbs. Our expertise and passion has resulted in the development of innovative and effective health and beauty products that work in harmony with your body. Food supplements as well as beauty products based on old herbal traditions and the latest exciting scientific research. All over the world, more and more people are opening their eyes to the fact that herbs can help maintain a long, healthy and active life. We do not compromise on the quality and safety of the products we deliver. This makes the characteristic "silver tree logo" a seal of quality trusted by people all over the world.

### INGREDIENTS

Magnesium citrate, bulking agents (microcrystalline cellulose, crosslinked sodium carboxymethylcellulose), maritime pine bark extract (*Pinus pinaster* Aiton), glazing agents (magnesium salts of vegetable fatty acids, hydroxypropylmethylcellulose, glycerol), niacinamide, anticaking agent (silicon dioxide), calcium-D-pantothenate, methylcobalamin, long pepper extract (*Piper longum* L.), cholecalciferol, pyridoxine, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin.

### MUSCLES, NERVES AND MICROCIRCULATION

A unique magnesium based tablet with B vitamins, vitamin D and a herbal combination extract. With highly absorbable magnesium citrate. Benefits of magnesium in **Magic Magnesium™**:

- Magnesium contributes to a normal muscle and nerve function and contributes to a normal energy-yielding metabolism
- Magnesium also contributes to a reduction of tiredness and fatigue
- Maritime pine bark improves microcirculation by increasing capillary permeability
- The tablets also contains vitamin B1 which contributes to the normal function of the heart and pantothenic acid which contributes to normal mental performance
- Long pepper supports the absorption and utilization of other herbal ingredients

### RECOMMENDED DAILY DOSE

**Take 1 tablet morning and evening daily with a glass of water.** Food supplements are intended to supplement the diet and should not be a substitute for a varied diet or healthy lifestyle. Do not exceed the stated dose. **Caution:** Seek professional advice before using if you are pregnant or breastfeeding. **Warnings:** Not suitable for children under 12 years of age. Do not use if the blister packaging (inner foil) is broken or tampered with. Keep out of reach of children.

CONTENT PER DAILY INTAKE	pr. 2 tabl.	%NRV*
Magnesium (from magnesium citrate)	247.5 mg	66
Thiamine	3.3 mg	300
Riboflavin	4.2 mg	300
Vitamin B6	5 mg	357
Vitamin B12	125 µg	5000
Biotin	150 µg	300
Folic acid	200 µg	100
Niacin	48 mg NE	267
Pantothenic acid	18 mg	300
Vitamin D	20 µg	400
Maritime pine bark extract ( <i>Pinus pinaster</i> Aiton)	150 mg	-
Long pepper extract ( <i>Piper longum</i> L.)	12 mg	-

\*NRV = Nutrient Reference Value. - NRV not established

UK 0800 389 1255  
IE 0404 62444

www.newnordic.co.uk  
www.naturalife.ie

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Food supplement. Net weight: 81 g. For best before end date see base of pack  
Store in a cool, dry place, out of direct sunlight.



Lot n° / Best before End date:



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