

Magneisum Complex - NUTRITIONAL TABLE

Nutritional Information	Per Magnesium Complex Capsule	% RI Per Sachet
Awaiting Results		
Magneisum Complex Capsule		
Capsule Ingredients	Amount per Serving (1 Capsules)	%NRV Per Serving
Magnesium Compounds		
Magnesium Bisglycinate	350mg	*
Magnesium Taurate	250mg	*
Magnesium Malate	150mg	*
Providing Magnesium (Elemental)	150mg	40%
Vitamin B6	1.4mg	100%
Thiamine	0.22mg	20%

RI = Reference Intake

* = No Established RI

NRV = Nutrient Reference Value

** = No Established NRV

Magneisum Complex INGREDIENTS
Magnesium Bisglycinate, Magnesium Taurate, Magnesium Malate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamine Hydrochloride). Capsule Shell: (Hydroxypropyl Methylcellulose), Anti-Caking Agent (Brown Rice Extract)