

Osteoflex® Sport



Each tablet contains (average):		%NRV
Veg. Glucosamine Sulphate 2Kcl	1333mg	*
Which provides:		
Glucosamine Sulphate	1000mg	*
Free Glucosamine	790mg	*
Vitamin C	60mg	75
Manganese	2.5mg	125
Curcumin extract (10:1) (equivalent to 100mg of Curcumin powder)	10mg	*
NRV: EC Nutrient reference Value *: NRV Not Yet Established	•	

What are the Osteoflex® Sport tablets?

Bone constitutes the fundamental part of our joints. For movements to be smooth and joints to be flexible there must be a layer of cushioning and lubrication between the bones. This layer is made up of a shock-absorbing tissue called cartilage and a natural fluid called synovial fluid. Healthy cartilage and synovial fluid make it possible for joints to move easily and comfortably. Osteoflex® Sport provides ideal nutritional joint health support for recreational and professional athletes as well as gym goers and all physically active people. It contains vegetarian Glucosamine fortified with Vitamin C, Manganese, and Curcumin (Turmeric Extract). Vitamin C contributes to collagen formation crucial for the function of cartilage and bones, which is important for the growth and repair of connective tissue. Glucosamine is present in relatively high concentrations in the joints and connective tissues, and is necessary for cartilage repair and maintenance. It helps cartilage to be more flexible. Manganese is an important mineral that contributes to the maintenance of normal bones and connective tissue formation. Turmeric is a natural anti-inflammatory agent which has been known to be beneficial for those who want to maintain joint health.

HealthAid Ltd



Why take Osteoflex® Sport tablets:

- Helps maintain supple, flexible joints, mobility, and overall wellbeing
- Assist in the formation of collagen and gives extra strength
- Benefits joint health by making cartilage more compressible and shock-absorbing
- Helps normal growth and repair of connective tissue

Osteoflex® Sport tablets are beneficial for:

- Recreational and professional athletes as well as gym goers and physically active people who need to provide extra support to joints
- People who experience stiffness in joints
- Senior citizens who need additional help to nourish joints and cartilage to ensure flexibility

How should I take Osteoflex® Sport tablets?

Recommended Daily Intake: Adults and children over 12 years of age, one tablet daily, preferably in the evening with food. Can be increased up to two tablets daily if required. Do not exceed recommended daily intake unless advised by a suitably qualified person

Product Code	803293 Product Name: Osteoflex Sport		
UK Trade and Retail Price	30's Trade : £6.42 Retail : £11.49		
Pack Size	30 tablets packed in a blister, placed in a carton printed with all the relevant information		
Appearance	Large oval, yellow tablets with speckles*.		
(shape/colour)	* Slight colour variation and speckles may appear between batches due to the		
	natural ingredients used.		
Average Size & Weight	22mm x 9mm 2000mg		
Ingredients	Veg. Glucosamine Sulphate 2KCl, Bulking Agent (di-calcium phosphate,		
	microcrystalline cellulose), Vitamin C (ascorbic acid), Anti-caking Agent (silicon		
	dioxide, veg. magnesium stearate), Disintegrant (sodium starch glycolate),		
	Binding Agent [polyvinylpyrrolidone (PVP)], Glazing Agent [hydroxy propyl methyl		
	cellulose (HPMC)], Curcumin Extract, Manganese (manganese sulphate).		
Suitability	Vegan No Vegetarian Yes		
Quality	All the ingredients meet the requirements of USP/NF, BP, EP, BHP		
Requirements	pharmacopoeia or supplier specifications		
Expiration Period	Three years from date of manufacture		
Storage	Store in a cool dry place, keep out of sight and reach of children		
Caution	Diabetics should consult a doctor before taking this supplement.		
Disclaimer	Use product according to directions stated on the pack.		
	Food supplements should not be used as a substitute for a varied and balanced		
	diet and healthy lifestyle.		
	Please check with your primary healthcare physician before taking this		



supplement if you suffer from a medical condition, are on prescribed medication,
are pregnant or breastfeeding or suffer from food allergies.
Food supplements are not intended to treat or prevent any disease.
Do not use after the expiry date.