

IRON with Molybdenum and Vitamin C

INGREDIENTS: Nutrient-enhanced *Lactobacillus bulgaricus* (providing Iron), bulking agent (dibasic calcium phosphate dihydrate, microcrystalline cellulose), vitamin C (as ascorbic acid), acerola cherry extract (*Malpighia emarginata*) providing vitamin C, anti-caking agent (magnesium stearate, tricalcium phosphate, silicon dioxide), molybdenum (as sodium molybdate).

RECOMMENDED INTAKE: 1-2 tablets daily as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a varied, balanced diet and lifestyle.

Not suitable for young children.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegans & vegetarians
- **BEST BEFORE DATE:** see base of container
- Store in a cool, dry place

PRODUCT CODE: M126

Nature's Own

Healthy Goodness

MINERALS

IRON

with Molybdenum
and Vitamin C

FOOD SUPPLEMENT



FOOD STATE



VEGAN



VEGETARIAN

60 VEGAN TABLETS

PRODUCT INFORMATION: 60 TABLETS = 30-60 DAYS SUPPLY

One tablet will provide on average:

Average Values:		%NRV
Vitamin C	30mg	37.5
Iron	10mg	71
Molybdenum	20µg	40

NRV = Nutrient Reference Value

Vitamin C increases non-haem iron absorption.

We guarantee this product FREE FROM:
GMO, WHEAT, SOY, DAIRY,
FLAVOURINGS & COLOURINGS

Cytoplan Ltd, Unit 98B,
Blackpole Trading Estate West,
Worcester, WR3 8TJ

Tel: +44 (0)1684 310099
www.cytoplan.co.uk

