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For a tasty Thai Red Curry for two:

Sizzle: Heat 2 tbsps of oil and 2 chopped cloves of garlic, fry until soft. Add 1/2 jar of **GEO ORGANICS THAI RED PASTE** and cook for 1 min to release the flavour. Add 1 red pepper plus 500g of vegetables or meat and cook until sealed. For extra spice add a red chilli (optional). Add 300ml **Geo Organics Coconut Milk** and bring to boil then simmer until cooked.

Enjoy: Add 1 tbsp lime juice (optional), garnish with coriander and serve with Jasmine rice.

See website for more recipe ideas.

Produced in NL for: Venture Foods UK Ltd, Unit S23
Hastingwood Ind. Park, Wood Ln, Birmingham, B24 9QR
www.geoorganics.co.uk

EU: Rua Lourenco Moleiro, 233, Zona Ind. de Mosteiro,
4520-409 Mosteiro VFR, Portugal.

Australian Distributor: Watersteps Pty Ltd, 2/92a
Bradleys Head Road Mosman, NSW 2088



ORGANIC
THAI RED
Curry Paste
Authentic Blend of Spices



NL-BIO-01
EU/non-EU
agriculture

180g

INGREDIENTS:

Water, Onions*, White Wine Vinegar*, Red Chilli Paste* (9.7%), Chilli Powder* (5%), Garlic Puree*, Sunflower Oil*, Ginger Puree*, Corn Starch*, Sea Salt, Ground Coriander*, Ground Cumin*.

*Organically Produced. For allergens: See ingredients in **Bold**.

Not suitable for those with allergies to **Nuts**. This product is made in a factory that handles soya, egg, dairy products and nuts.

FR Eau, Oignons*, Vinaigre de Vin Blanc*, Pâte de Piment Rouge* (9.7%), Poudre de Piment* (5%), Purée d'ail*, Huile de Tournesol*, Purée de Gingembre*, Amidon de Maïs*, Sel Marin, Coriandre Moulue*, Cumin en Poudre*. *Produites Biologiquement. Pour les allergènes: Voir les ingrédients en **gras**. Peut contenir des traces de noix. De préférence avant fin: voir couvercle.

NL Water, Uien*, Witte Wijnazijn*, Rode Chilipasta* (9.7%), Chilipoeder* (5%), Knoflookpuree*, Zonnebloemolie*, Gemberpuree*, Maïszetmeel*, Zeezout, Gemalen Koriander*, Gemalen Komijn*. *Van Gecontroleerd Biologische Teelt. Voor allergenen: zie **vetgedrukte** ingrediënten. Kan sporen van **noten** bevatten. Houdbaar tot einde: zie deksel.

Nutritional Information

Typical Values/ Valeurs Moyennes/ Per 100g	
Gemiddelde Waarden	
Energy/ Energie/ Energie	321kJ 77Kcal
Fat/ Matière Grasse/ Vetten	4.5g
of which saturates/ dont acides gras saturés/ waarvan verzadigde vetzuren	0.4g
Carbohydrate	9g
Glucides/ Koolhydraten	
of which sugars/ dont sucres/ waarvan suikers	2.6g
Fibre/ Fibres Alimentaires/ Vezels	3g
Protein/ Protéines/ Eiwitten	1.7g
Salt/ Sel/ Zout	1.25g



Best Before End: See Lid
Store in a cool dry place.
Refrigerate after opening
and use within 4 weeks.

