

Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



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Fushi is a registered trademark.
www.fushiwellbeing.com



LEARN MORE ABOUT
WILD YAM >

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fushi

ORGANIC
WILD YAM

FRESH-GROUND®
100% pure herb

60 vegan capsules



Directions:
2 capsules daily or as directed by your healthcare practitioner.

Ingredients:
Organic Wild Yam (*Dioscorea Villosa*),
Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

Origin: England.

Nutritional Breakdown:	1 cap
Wild Yam	370mg

Caution:
Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

No added:
Wheat, lactose, preservatives, artificial colours or flavours, yeast.

FRESHLY GROUND & CAPSULATED FROM THIS SEASON'S HARVEST