

BIOFOOD MAGNESIUM

100mg

Ingredients: Magnesium (complexed with inactivated *Lactobacillus bulgaricus*), binding agent; (microcrystalline cellulose), emulsifier; (stearic acid, sodium carboxymethyl cellulose), tablet coating; (hydroxypropyl methylcellulose).

Recommended Intake: 1-2 tablets daily as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a varied, balanced diet and lifestyle.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegans & vegetarians
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place



CYTOPLAN

BIOFOOD MAGNESIUM

100mg elemental

Minerals | Food State



120 VEGAN TABLETS
Food Supplement

Product Information:

120 Tablets = 60-120 days supply

One tablet will provide on average:

Average Values:	%NRV
Magnesium	100mg 27

NRV = Nutrient Reference Value

Magnesium contributes to the reduction of tiredness and fatigue. Magnesium also contributes to normal psychological function and normal muscle function.



CytoPlan Ltd, Unit 98B,
Blackpole Trading Estate West,
Worcester, WR3 8TJ
Tel: +44 (0)1684 310099
www.cytoplan.co.uk

CytoPlan Ltd, EU Distributor
Fritslavägen 107,515 92,
Kinnarumma, Sweden
+46 707 414 377



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