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For a tasty Korma Curry for two:

Sizzle: Heat 2 tbsps oil, add a large diced onion and fry until soft. Add 1/2 jar of **GEO ORGANICS KORMA CURRY PASTE** and heat for 1 min to release the flavours. Add 400g of vegetables or meat and cook for 5 mins, add 200g tinned chopped tomatoes and 100ml of coconut milk (add more for a milder taste) simmer gently until cooked through.

Enjoy: Add 2 tbsps of plain yogurt and enjoy with boiled rice or naan bread.

See website for more recipe ideas.

Produced in NL for: Venture Foods UK Ltd, Unit S23
Hastingwood Ind. Park, Wood Ln, Birmingham, B24 9QR
www.geoorganics.co.uk

EU: Rua Lourenco Moleiro, 233, Zona Ind. de Mosteiro,
4520-409 Mosteiro VFR, Portugal.

Australian Distributor: Watersteps Pty Ltd, 2/92a
Bradleys Head Road Mosman, NSW 2088



Fresh
NEW
TASTE



ORGANIC
Korma
Curry Paste
Authentic Blend of Indian Spices



NL-BIO-01
EU/non-EU
agriculture

180g

INGREDIENTS:

Water, Tomato Paste* (15%), Sunflower Oil*, Ground Coriander*, White Wine Vinegar*, Ground Turmeric*, Garlic Puree*, Ground Cumin*, Sea Salt, Ginger Puree*, Ground Fennel*, Paprika*, Ground Ginger*, Ground Cinnamon*, Ground Cloves*. *Organically Produced.

For allergens: See ingredients in **Bold**. Not suitable for those with allergies to **Nuts**. This product is made in a factory that handles soya, egg, dairy products and nuts.

FR Eau, Pâte de Tomate* (15%), Huile de Tournesol*, Coriandre Moulue*, Vinaigre de Vin Blanc*, Curcuma Moulue*, Purée d'Ail*, Cumin Moulue*, Sel Marin, Purée de Gingembre*, Fenouil Moulue*, Paprika*, Moulue Gingembre*, Cannelle Moulue*, Clous de Girofle Moulus*.

*Produites Biologiquement. Pour les allergènes: Voir les ingrédients en gras. Peut contenir des traces de noix. De préférence avant fin: voir couvercle.

NL Water, Tomatenpuree* (15%), Zonnebloemolie*, Gemalen Koriander*, Witte Wijnazijn*, Gemalen Kurkuma*, Knoflookpuree*, Gemalen Komijn*, Zeezout, Gemberpuree*, Gemalen Venkel*, Paprikapoeder*, Gemalen Gember*, Gemalen Kaneel*, Gemalen Kruidnagel*. *Van Gecontroleerd Biologische Teelt. Voor allergenen: zie vetgedrukte ingrediënten. Kan sporen van noten bevatten. Houdbaar tot einde: zie deksel.

Nutritional Information

Typical Values/ Valeurs Moyennes/ Per 100g
Gemiddelde Waarden
Energy/ Energie/ Energie

722kJ
175Kcal

Fat/ Matière Grasse/ Vetten
of which saturates/ dont acides gras
saturés/ waarvan verzadigde vetzuren

14.3g
1.5g

Carbohydrate
Glucides/ Koolhydraten

11.5g

of which sugars/ dont sucres/
waarvan suikers

2.8g

Fibre/ Fibres Alimentaires/ Vezels
Protein/ Protéines/ Eiwitten

5.4g
2.72g

Salt/ Sel/ Zout

1.5g



Best Before End: See Lid
Store in a cool dry place.
Refrigerate after opening
and use within 4 weeks.

