

Mango, Banana, Cashew

Ingredients:

Buckwheat Flakes, Chicory Root Fibre, Concentrated Grape Juice, Rice Starch, Banana, Mango Pieces, Cashews [Nuts], Coconut Oil, Freeze Dried Banana Powder, Pectin, Turmeric Powder, Stevia

Nutritional information:

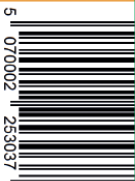
	per 100g	per 40g
Energy	1402kJ/335kcal	561kJ/134kcal
Fat	8.7g	3.5g
of which Saturates	4.6g	1.9g
Carbohydrate	48g	19g
of which Sugars	21g	8.5g
of which Polyols	0.0g	0.0g
Fibre	23g	9.0g
Protein	5.2g	2.1g
Salt	0.02g	0g

Storage conditions:

Regular/ Ambient

Shelf life:

12 months




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Best Before:


Store in a cool dry place. We want you to love our products but, if you are not completely satisfied, please contact our customer care service via the website.

Welcome to team RawQ




www.rawqfoods.com

Taste the energy



RaW



Long-Lasting Energy by Daniil Medvedev

vegan
gluten free
source of fibre
no added sugar
less than 150 kcal

buckwheat based | no dates

Developed by world leading dieticians

banana mango cashew

Prolonged satiety

Raw Q Foods Ltd
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United Kingdom

Weight 40g e

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Buckwheat based raw bar with banana, mango and cashews.
Ingredients: Buckwheat Flakes, Chicory Root Fibre, Concentrated Grape Juice, Rice Starch, Banana, Mango Pieces, **Cashews (Nuts)**, Coconut Oil, Freeze Dried Banana Powder, Pectin, Turmeric Powder, Steviol Glycosides From Stevia
Allergy Advice: For allergens, see ingredients in bold. **May contain traces of peanuts and other tree nuts.**

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Carbohydrates	48g
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Fibre	23g
Protein	5.2g
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