

## Product

Name	Organic Fenugreek Seeds	
Description	Sourced from only the best organic producers from around the world, Just Natural Organic Fenugreek Seeds add a sweetness and depth of flavour to spicy dishes. They are a staple in many Indian recipes and can be added whole, crushed, or ground. And they're packed in our 100% plastic free home compostable packaging.	
Code	JNLH-1022	
Barcode	5060338030235	
Country of Origin*	Various	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

## Packaging

Net Content	40g
Packaging Type*	Home Compostable (certified) sachet inside a printed card box.
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

## Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Fenugreek Seeds
Allergens	For allergens, see ingredients in <b>BOLD.</b>

## Nutritional Values per 100g

Energy	323kcal
Fat	6.4g
Of Which Saturates	1.5g
Carbohydrates	58.4g
Of Which Sugars	3.2g
Fibre	24.6g
Protein	23g
Salt	0.1g

Certifications	Vegan (Vegan Society), Organic (Soil Association), Home Compostable
Serving Requirements	Add to your favourite Indian recipes to give sweetness and depth of flavour.