

Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



GB-ORG-05 NON-UK  
AGRICULTURE



GB-ORG-05 NON EU  
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Fushi is a registered trademark.  
[www.fushiwellbeing.com](http://www.fushiwellbeing.com)



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ABOUT TRIKATU >

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# fushi

ORGANIC  
**TRIKATU**

**FRESH-GROUND®**

100% pure herb

60 vegan capsules



**Directions:**

2 capsules daily or as directed by your healthcare practitioner.

**Ingredients:**

Organic Trikatu (Black Pepper; Indian Long Pepper and Ginger), Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

**Origin:** India.

<b>Nutritional Breakdown:</b>	<b>1 cap</b>
<b>Trikatu</b>	<b>460mg</b>

**Caution:**

Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

**No added:**

Wheat, lactose, preservatives, artificial colours or flavours, yeast.

**FRESHLY GROUND & CAPSULATED FROM THIS SEASON'S HARVEST**