DOSAGE: Adults, Two capsules per day with water.

CAUTION: Do not exceed the stated dose.

This product is not suitable for pregnant or breastfeeding women. If you are taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18.

Keep out of reach of children at all times.

Do not use if seal is broken or damaged.

Food supplements should not be used as a substitute for a balanced diet and healthy lifestyle.

Bottle made from at least 80% recycled plastic. Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance. This product doesn't contain artificial flavours, colours or sweeteners.







Nutritional Information

Serving Size: 2 Capsules Servings per Container: 60

	Amount	%RI*
	per Serving	
Shilajit	2,000mg	**
(from 100mg of a 20:1 extract,		
providing 60mg Fulvic Acid)		
Lion's Mane	2,000mg	**
(from 133.3mg of a 15:1 extract,		
providing 66.7mg Polysaccharides)		
Irish Sea Moss	2,000mg	**
(from 133.3mg of a 15:1 extract)		

* Reference Intake

** No RI established

Ingredients: Brown Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose), Irish Sea Moss 15:1 Extract, Lion's Mane 15:1 Extract (50% Polysaccharides), Shilajit 20:1 Extract (60% Fulvic Acid).

Shilajit extract does not originate from the UK.

Manufactured according to the GMP Code Of Practice for:

New Leaf Products LTD - London - NW4 2ES
United Kingdom - support@new-leaf-products.com