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Cut this bag into small pieces and add to food waste bin!

100% HOME COMPOSTABLE • PLASTIC FREE •

Formulated by Pharmacists

DELICIOUSLY NUTRITIOUS ETHICALLY AMBITIOUS

Dosage: Adults (and children over 12 years) take 2 gummies daily. Children (3-11 years) take 1 daily.

Not recommended for children under 3 due to choking hazard. Best taken with or after a meal. Take the recommended dose daily. Keep out of reach of children. These gummies support, but don't replace a well-balanced diet. If pregnant, breastfeeding or taking medication please consult your doctor before use.

Ingredients

Tapioca syrup, glucose syrup, cane sugar, water, gelling agent (pectin), acid (citric acid), acidity regulator (tri potassium citrate), vitamin and mineral premix (vitamin D3 (cholecalciferol), maltodextrin, selenium (sodium selenate), vitamin B12 (methylcobalamin), vitamin B6 (pyridoxine hydrochloride), iodine (potassium iodide), folic acid), natural flavours, strawberry juice concentrate, colouring (concentrate of black carrot), glazing agent (carnauba wax)

Per 2 gummies		NRV
Vitamin D3	20mcg	200%
Vitamin B12	20mcg	800%
Vitamin B6	2mg	140%
Selenium	60mcg	100%
Folic acid	400mcg	200%
Iodine	150mcg	100%

SCAN FOR INFO

Store in a cool dry place and reseal after opening. Consume within 90 days.

	Per 100g	Per 2g gummy
Energy	1286 KJ	26 KJ
Calories	304 kcal	6 kcal
Fat	<0.5g	<0.01g
Of which saturates	<0.1g	<0.002g
Carbohydrates	81g	1.6g
Of which sugars	61g	1.2g
Fibre	1.4g	0.03g
Protein	<0.5g	<0.01g
Salt	0.09g	0.002g

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