

## THE MANIFESTO

80%+ of almonds are Californian, but the best are Portuguese. We know because we tasted 15 varieties from around the world! Direct from an 8th generation farm, traceable to the orchard that grew them, roasted to perfection in the UK, and blended in small batches for extraordinary creaminess. This is Almond Butter Like No Other. Enjoy.

Stu ManiLifeFounder.

## SMOOTH ALMOND BUTTER

**INGREDIENTS:** Almonds 99.5%, Salt 0.5%

**ALLERGENS:** See ingredients in **bold**. Made in a factory that handles **dairy**, other **nuts** and **sesame**.

NUTRITIONALS PER	100G	15G SERVING
Energy kJ	2485.3	372.8
Energy kcal	594	89.1
Fat	52.6g	7.9g
of which saturates	6.0g	0.9g
Carbohydrate	19.2g	2.9g
of which sugars	4.9g	0.7g
Fibre	11.7g	1.8g
Protein	22g	3.3g
Salt	0.5g	0.08g

\*Contains naturally occurring sugars.