



 PLANT SOURCED



BRAIN NURTURER®

For maintenance of normal **brain** function

30

CAPSULES



Vegan/
Vegetarian



Food
Supplement

1

OMEGA-3 FATTY ACID: DOCOSAHEXAENOIC
ACID (DHA)

3

AYURVEDIC PLANT EXTRACTS:
ASHWAGANDHA, GOTU KOLA, BRAHMI

BRAIN NURTURER®

Why choose our Brain Nurturer®?

Our Brain Nurturer® features DHA, an omega-3 fatty acid scientifically proven to support maintenance of normal brain function. We have also incorporated extracts from 3 ayurvedic plants: Ashwagandha, Gotu kola & Brahmi, which support brain health.

Who is this for?

For individuals with cognitive fatigue and looking to improve memory, focus, and calmness, as well as those with insomnia, depression, anxiety, or Alzheimer's disease.

Nutritional Information (Per capsule)

	Portion	%NRV
Docosahexaenoic acid	200 mg	-
(DHA)		
Ashwagandha	50 mg	-
Gotu kola	50 mg	-
Brahmi	50 mg	-

What is the recommended intake?

Consume one capsule daily, preferably with a meal. Refrain from exceeding the recommended dosage.

Food supplements should not be used as a substitute for varied diet. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor, if adverse reactions occur. Always keep away from children. For best before end, see base.

NRV – Nutrient Reference Value, µg = Microgramme, mg = Milligram, IU = International Units

Manufactured for: BeatNaturally - A trading entity of Booming Traders Limited.

Registered office: 132 Street Lane, Gildersome Morley, Leeds, England, LS27 7JB.

 Please Recycle

OTHER INGREDIENTS

- Bulking agent (Microcrystalline cellulose)
- Disintegrant (Croscarmellose sodium)
- Anti-caking agent (Silicon dioxide)
- Preservatives (Methyl paraben, Sodium benzoate)
- Non- GMO
- Binder (Polyvinylpyrrolidone)
- Lubricant (Magnesium stearate)
- Vegetable capsule (Hydroxypropyl methylcellulose)
- Free from (Gelatin, Dairy, Wheat, Fish, Gluten, Yeast, Titanium dioxide)

No artificial flavors or sweeteners

Store in a cool dry place