

Product

Name	Organic Sauerkraut
Description	Organic Kitchen Sauerkraut is the all-natural vegan food of choice - naturally, gluten-free, and always organic, it makes a practical, simple choice as a source of fibre within your daily diet. Research shows that gut health is everything, so feed your digestive system the very best. Our sauerkraut is pasteurised to make it shelf stable.
Code	ORK28
Barcode	5055177536659
Country of Origin*	Italy
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	330g
Packaging Type*	Glass jar, Aluminium lid, Paper label, Cardboard case
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Shelf Life

Maximum Shelf Life	36 months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	White Cabbage*, Salt (1.1%) *Organic
Allergens	For allergens, see ingredients in BOLD.

Nutritional Values per 100g

	5
Energy	112KJ (27kcal)
Fat	Og
Of Which Saturates	Og
Carbohydrates	1.3g
Of Which Sugars	1.3g
Fibre	3.8g
Protein	3.5g
Salt	1.1g

Certifications	Organic, Vegan Society
Serving Requirements	Ready to eat and delicious on its own, as a side, or try mixing into a stir fry.