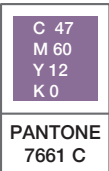


Inks:



amisa
DELIGHTFULLY GLUTEN FREE

*Amisa is made to be a little different.
We understand every body is unique, so we create
food to suit individuals. Our products combine
peace of mind with pure pleasure, making Amisa
the perfect choice for the life you lead.
This is food that fits you.*

A versatile grain

Rice originates from South Asia and is a food staple for most of the world's population. It is naturally gluten free. We mill our organic whole rice grains extra fine. Ideal for making pancakes, cookies or for use in baking and sauces.

Rice Flour Brownies

1 ½ cups brown rice flour
¾ teaspoon baking soda
¾ cup salted butter, melted
1 ½ cups coconut sugar
1 cup cocoa powder
1 tsp. vanilla extract
3 large vegan eggs (flax/chia)

Preparation

Preheat oven 180°C & oil an 8" x 8" tray.
Mix rice flour, baking soda.
In a saucepan, melt the butter.
Stir in sugar, mix in the cocoa powder.
Add vanilla extract and eggs.
Pour in the dry mixture and combine.
Pour into baking tray & bake for 30/35 mins.

To create tasty recipes and find inspiring ideas take a look at www.amisa.co.uk



IT-BIO-014
non-EU Agriculture
nicht-EU Landwirtschaft
Agriculture non UE
EU-mulkopuolinen maataloutta
εκτός ΕΕ
ikke-EU jordbrug
nicht-EU Landbouw
icke-EU jordbruk



500ge

D: Biologisches Vollkornreismehl glutenfrei

Zutaten: Vollkornreismehl*
*= Aus kontrolliert biologischem Anbau
Mindestens haltbar bis: siehe Stempel.
Kühl und trocken lagern.

F: Farine de riz complet sans gluten biologique

Ingédients: Farine de riz complet*
*= issus de l'agriculture biologique

A consommer de préférence avant le: voir impression.
A conserver au sec et à l'abri de la chaleur.

FIN: Luomu gluteeniton koko jyvää riisijauho

Ainekset: täysjyväriisijauho*
*= kontrolloitu luomutuote

Parasta ennen: katso pakkauksen päältä.
Säilytä viileässä ja kuivassa.

GR: Βιολογικό αλεύρι Καστανού Ρυζιού

Συστατικά: Αλεύρι ρυζιού ολικής άλεσης*
*= Πιστοποιημένο ένα βιολογικό συστατικό.

Ανάλυση κατά προτίηση πριν από: βλέπε συσκευασία. Ιατρείται σε όροσερό και ξηρό έροσερό.

N: Økologiske fullkorn risemel glutenfri

Ingredienser: fullkorn risemel*
*= fra godkjent økologisk landbruk

Best før: se stempel.
Lagre kjølig og tørt.

NL: Biologische volkoren rijstmeel glutenvrij

Ingrediënten: volkoren rijstmeel*
*= van gecontroleerde biologische landbouw

Ten minste houdbaar tot: zie stempel.
Bewaren op een koele en droge plaats.

S: Ekologisk fullkornsrisemjöl glutenfria

Ingredienser: fullkornsrisemjöl*
*= certifierad ekologisk ingrediens
Bäst före-datum: se datummärkning.
Förvaras svalt och torrt.

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amisa
DELIGHTFULLY GLUTEN FREE



✓ Gluten free
✓ Vegan
✓ Wholegrain

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Brown rice flour Organic gluten free

Ingredients: Wholegrain rice flour*
*=certified organic ingredients

Best before: See stamp.
Store cool and dry.

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Average Nutritional Values / durchschnittliche Nährwerte / Valeur nutritionnelle moyenne pour / skilmääräinen ravintoarvo / Μέση ιατροφική Αξία / Næringsverdi / gemiddelde voedingswaarde / Näringsvärden / per 100g

ENERGY	1496kJ/353kcal
Energie/energie/energia/ενέργεια/energi/energie/energi	
FAT	2.8g
Fett/matières grasses/rasvaa/λιπαρά/fett/vetten/fett	
of which saturates	0.72g
davon gesättigte Fettsäuren/dont acides gras saturés /josta tyydyttynyttä/εκ των οποιων κορεσά/ hvorav mettet fett/waarvan verzadigde vetzuren/varav mättat fett	
CARBOHYDRATE	73.9g
Kohlenhydrate/glucides/hiilihydraatit/υδατώνθρακες/karbohydrater/koolhydraten/kolhydrat	
of which sugars	1.31g
davon Zucker/dont sucres/josta sokereita/εκ των οποιων σακχαρα/hvorav sukker/waarvan suikers/varav sockerarter	
FIBRE	3.4g
Ballaststoffe/fibres alimentaires/ravintokuitu/εσώδιες ίνες/fiber/vezels/fiber	
PROTEIN	6.4g
Eiweiß/proteïnes/proteïnia/πρωτεϊνες/protein/eiwitten/protein	
SALT	<0.01g
Salz/sel/suola/Αλάτι/salt/zout/salt	



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