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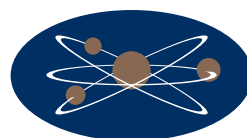
Directions: 1 capsule taken twice daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Magnesium contributes to normal functioning of the nervous system & normal psychological function.

BioCare®



Magnesium Glycinate

For calm, relaxation & mood

60 vegetable capsules
Food supplement

Product information per daily intake: 2 capsules

		%EC NRV*
Magnesium	200mg	53
(from 100% pure Magnesium Glycinate)		
Glycine	1400mg	-

*NRV = Nutrient Reference Value

Ingredients:

Magnesium Glycinate, Capsule Shell (Hydroxypropyl Methylcellulose), Antioxidant (Ascorbyl Palmitate).