

amisa

SPELT & DELIGHTFUL

ORGANIC CRISPY FLAKES

Drizzled in honey
and barley malt

serving suggestion

Ingredients: **Spelt wheat*** (93%), Honey* (5%), **Barley Malt*** (1%), Sea Salt, Emulsifier: Sunflower Lecithin*. * = Certified Organic Ingredients. Allergy advice:

For allergens, including cereals containing **gluten**, please see ingredients in **bold**.

Not suitable for **soya** or **lupin** allergy sufferers due to manufacturing methods. Store cool and dry.



DE-ÖKO-006
EU/non-EU Agriculture

Average nutritional values per 100g

ENERGY	1508kJ/357kcal	of which sugars	3.0g
FAT	2.1g	FIBRE	8.7g
of which saturates	0.4g	PROTEIN	14g
CARBOHYDRATE	67g	SALT	1.1g

Best before: See stamp.

250ge

- ✓ Vegetarian
- ✓ Wholegrain

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