

Clinically studied ingredients

 **ElderCraft**[®]
Health through Nature



TEST PROCEDURE

312 economy class passengers participated at the study. 158 passengers received Elderberry capsules for 10 days prior to and 5 days after the flight (600-900 mg daily dosage). 154 passengers received a placebo in the same time period. Cold episodes, cold duration and symptoms all recorded (20).

THE FIGURES SPEAK FOR THEMSELVES



50%

FEWER COLD EPISODES



33%

SHORTER ILLNESS DURATION



50%

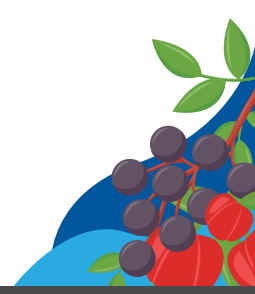
FEWER SYMPTOMS



33%

LESS SEVERE SYMPTOMS





Added zinc

'Zinc supplementation in children has been shown to significantly improve growth, enhance immune function, and reduce the incidence and severity of common illnesses such as diarrhoea and respiratory infections. Zinc is essential for cell growth, differentiation, and metabolism, which are critical for healthy development and immune response in children (9, 10, 11, 12)'

Nutritional Information	Per 5ml	% NRV
Vitamin C	59.5mg	74%
Zinc	2.5mg	25%
Black Elderberry	1.9g	

NRV = Nutrient Reference Value g = gram mg = milligram

Ingredients list

Black Elderberry Fruit Extract (Sambucus nigra L.), Acerola Extract (17% Vitamin C), Zinc Gluconate, Glycerol, Sucrose. Colour: Caramel; Preservative: Sodium Benzoate; Natural Flavouring: Strawberry.

Customer review 888

Elderberry syrup with added zinc and vitamin C for kids is an absolute winner in my book. It not only offers a delightful taste that my child enjoys but also provides essential nutrients to support their immune system. Whether we're out and about or at home, it's a trusted ally during the cold and flu season. I appreciate the extra immune boost it provides, and my child loves the flavor – a win-win!