

Altrient B Nutritional Facts: 1 Sachet (6 mL) 30 Sachet's Per Box		
	Amount Per Sachet	% NRV*
Vitamin B1 (as thiamine HCl)	100 mg	9,091%
Vitamin B2 (as riboflavin)	8.5 mg	607%
Niacin (as niacinamide)	20 mg	125%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	167%
Vitamin B6 (as pyridoxine HCl)	10 mg	714%
Folate ([6S]-5-methyltetrahydrofolic acid, as 200µg Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	100 µg	50%
Vitamin B12 (as methylcobalamin and cyanocobalamin)	50 µg	2,000%
Biotin (as d-biotin)	300 µg	600%
Minerals		
Zinc (as zinc glycinate)	20 mg	200%
Selenium (as selenomethionine)	50 µg	91%
Chromium (as chromium picolinate)	50 µg	125%
Other Ingredients		
Cinnamon (Cinnamomum cassia) bark extract	25 mg	†
Phospholipids (from soy lecithin)	500mg	†
of which phosphatidylcholine	250 mg	†
* Nutrient Reference Value †NRV not yet established Quatrefolic® is a registered trademark of Gnosis.		

INGREDIENTS: Deionized Water, Lecithin Phospholipids, Thiamine HCl, Cinnamon, Niacinamide, Zinc Glycinate, Riboflavin, D-Calcium Pantothenate, Pyridoxine HCl, Glucosamine Methylfolate, D-Biotin, Selenomethionine, Chromium Picolinate, Methylcobalamin, Cyanocobalamin, Alcohol (ethanol), Natural Raspberry Flavour, Mixed Berry Natural Flavour, Natural Orange Flavour, Natural Peach Flavour, Steviol Glycosides, Xanthan Gum, Licorice Extract (natural flavour modifier).

FREE FROM: GMO ingredients, sugar, wheat, gluten, yeast, dairy, meat products, hexane, soy protein, artificial colours and flavours. Non-acidic and gentle on the stomach.