

Product

Name	Organic Brown Lentils
Description	Just Natural Organic Brown Lentils are carefully selected from only the best producers in Turkey and packed in our plastic free compostable packaging. High in protein, these lentils make the perfect base for Indian Dahl dishes, soups, and lentil salads.
Code	JN123
Barcode	5060338033038
Country of Origin*	Turkey
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Brown Lentils
Allergens	n/a

Nutritional Values per 100g

Energy	1,477KJ (353 kcal)
Fat	1.1g
Of Which Saturates	0.2g
Carbohydrates	29.6g
Of Which Sugars	2.0g
Fibre	30.5g
Protein	25.8g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Place 100g of Brown Lentils into a saucepan and cover with fresh water. Bring to the boil, cover with lid, and reduce heat. Simmer for approx. 15-20 minutes or until cooked and tender.