PRODUCT INFORMATION:

Two capsules typically provide: L-Glutamine 1000mg

INGREDIENTS:

L-Glutamine, vegetarian capsule: hydroxypropyl methylcellulose (carrageenan).

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, sugar, wheat, yeast.

STORAGE:

Do not refrigerate. Store in a cool, dry, steam free environment out of reach of children

Suitable for vegetarians and vegans. This product is not tested on animals.

higher nature

GLUTAMINE AMINO ACID

ULTIMATE NUTRITION

FOOD SUPPLEMENT



GLUTAMINE 500mg

✓Glutamine provides cells in the digestive tract with a source of energy.

DIRECTIONS:

Adults and children over 10 yrs, take 2-10 capsules with cold water 1-3 times a day, half an hour before meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.



2

GLC-038-03

GLC090

Higher Nature, Burwash Common, East Sussex,
TN19 7LX. UK www.highemature.com