

## PLASTIC-FREE & COMPOSTABLE PACKAGING

### Lion's Mane Mushroom Food Supplement

- ♥ Using 100% fruiting bodies offers the highest concentration of beneficial compounds and therapeutic bioactive molecules.
- ♥ Beta-glucans are considered the most beneficial polysaccharides due to their health giving properties including immune support. We guarantee > 30% beta-glucans.
- ♥ Hericenones are the active compounds responsible for the brain benefits Lion's Mane offer. A little goes a long way and we guarantee > 1.5% hericenone content.
- ♥ Our unique, highly bioavailable formula includes a full spectrum extract containing all the essential mushroom cofactors and a dual extract rich in concentrated active compounds.

Two capsules provide on average:

NUTRIENT	AMOUNT	INGREDIENTS:
Organic Lion's Mane 20:1 dual extract <sup>1</sup>	460 mg	Organic Lion's Mane ( <i>Hericum erinaceus</i> ) dual extract*;
Organic Lion's Mane full spectrum extract <sup>1</sup>	540 mg	Organic Lion's Mane ( <i>Hericum erinaceus</i> ) full spectrum extract*.
Polysaccharides <sup>2</sup>	>40%	Capsule (Vegetable cellulose). *100%
Beta-1,3/1,6-glucan content <sup>2</sup>	>30%	Fruiting bodies.
Hericenones <sup>2</sup>	>1.5%	

<sup>1</sup>Equivalent to 9740 mg of dried mushrooms combined. <sup>2</sup>Naturally occurring.

**FREE FROM:** Artificial Additives & Processing Aids, Wheat, Soya, Gluten, Dairy, GM Ingredients.

**DIRECTIONS:** Take two capsules daily as a food supplement with or without food. Do not exceed the recommended daily dose. This product should not be used as a substitute for a varied diet and healthy lifestyle. Keep out of the sight and reach of children. Store in a cool dry place, out of direct sunlight. Consult your doctor before use if you have a medical condition, are pregnant or breastfeeding. Do not use if the seal is broken. Best before: See base.



PLASTIC  
FREE



GB-ORG-05  
Non UK agriculture

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