

INGREDIENTS

Gluten-Free **OAT** Flakes* (27 %), Coconut Syrup*, Roasted Sunflower Seed Paste*, Roasted **CASHEW** Paste* (11 %), Roasted **CASHEWS*** (11 %), Dark Chocolate* 10 % (Cacao Paste*, Coconut Sugar*, Cacao Butter* 25 %, Sea Salt*; Cacao Solids: 65 % minimum), Deodorized Shea Butter*, Sea Salt*; * = Organic Certified Product

Nutritional Values/Nährwerte/Informations nutritionnelles/ Valori nutrizionali medi per 100 g

Energy/Brennwert/Valeur énergétique/ Valore energetico	2013 kJ/483 kcal
Fat/Fett/Graisses/Grassi	28 g
of which saturates/davon gesättigte Fettsäuren/dont acides gras saturés/ di cui acidi grassi saturi	5,6 g
Carbohydrate/Kohlenhydrate/Glucides/ Carboidrati	43 g
of which sugars/davon Zucker/dont sucres/ di cui zuccheri	21 g
Fibre/Ballaststoffe/Fibres/Fibre	5,3 g
Protein/Eiweiß/Protéines/Proteine	11 g
Salt/Salz/Sel/Sale	0,47 g

