

INGREDIENTS: Cold Pressed Apple, Blueberry (20%), Beetroot (10%), Ginger (10%), Lemon Juices, Blue Agave Syrup, Acerola Cherry Extract, Guarana Seed Extract (0.5%) (Contains Caffeine).

NUTRITIONAL INFORMATION (Per 100ml):

Energy 254kJ/54kcal, Fat 0.4g (of which saturates 0.1g), Carbohydrate 12g (of which sugars 12g), Protein 0.6g, Salt 0.03g, Vitamin C 135mg.

*Each shot contains 100% of the recommended daily intake of Vitamin C, which contributes to normal energy-yielding metabolism. **68mg caffeine** per shot. Not recommended for children or pregnant women.

Made in a facility that handles celery. 100% recyclable. Best stored chilled.

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Rheal

SUPERFOODS

blueberry beets

ENERGY

Blueberry, Beetroot,
Ginger, Guarana

blueberry beets +

SMALL BUT

SUPER-POWERED

The Rheal Blueberry Beets Shot delivers big flavour with even bigger benefits from cold-pressed blueberry, beets and guarana for natural energy.*



60ml



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68MG OF CAFFEINE FROM GUARANA