

Org. Maca Powder 100g/150ml / label size 57x170mm

Maca is an extremely robust root vegetable which is native to the Peruvian Andes. It thrives at very high altitudes of 3500m away from any contaminants. KIKI's Maca is an equal blend of 4 different roots: red, yellow, purple and black, all of which offer a unique nutritional profile. It is a complete protein, and provides 19 amino acids, 4 different alkaloids, 20 different fatty acids, an abundance of calcium and an assortment of vitamins including C, E, B1 (thiamine) and B2 (riboflavin). The vitamins and minerals found in our Maca contribute to, amongst others, immune system support, energy levels, muscle function, iron absorption as well as a healthy digestive system.

Suggested use: Add around one teaspoon to yogurt, cereals, smoothies or desserts.

Best before end: See base. **Storage:** Store in a cool, dry place away from direct sunlight. Refrigeration is not required.

Suitable for vegetarians and vegans. Naturally free from gluten and wheat.
NO ARTIFICIAL COLOURS, PRESERVATIVES, SWEETENERS OR FILLERS

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 GB-ORG-05
Non-EU Agriculture



ORGANIC MACA POWDER

PREMIUM 4 ROOT BLEND

High in vitamin C,
vitamin B6, iron,
calcium, riboflavin
and potassium

100%RAW
INGREDIENTS

100g e

KIKI HEAL⁺H

Ingredients: Organic black maca root, organic red maca root, organic yellow maca root, organic purple maca root.

Nutrition

Typical values	per 100g	%RI*
Energy	1526kJ 361kcal	
Fat	3.6g	
of which saturates	0g	
Carbohydrate	64g	
of which sugars	32g	
Fibre	7.1g	
Protein	14g	
Salt	0.0g	
Vitamin C	285mg	356%
Riboflavin (B2)	0.4mg	29%
Niacin	6mg	38%
Vitamin B6	1.1mg	79%
Potassium	2000mg	100%
Calcium	250mg	31%
Iron	15mg	107%
Copper	6mg	600%

*Reference intake of an average adult (8400 kJ/2000 kcal)