

#### Product

<b>Name</b>	Organic Black Quinoa
<b>Description</b>	Just Natural Organic Black Quinoa is carefully selected from only the best organic producers in South America. Black Quinoa is packed with Iron and protein and quick and easy to cook as a side or to make a salad. And it's packed in our 100% plastic free, certified home compostable packaging.
<b>Code</b>	JN215
<b>Barcode</b>	5056078800016
<b>Country of Origin*</b>	South America
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

#### Packaging

<b>Net Content</b>	500g
<b>Packaging Type*</b>	Home Compostable Packaging (Certified)
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#### Shelf Life

<b>Maximum Shelf Life</b>	24 Months
<b>Storage Conditions</b>	Ambient (15°C - 20°C)

<b>Ingredients</b>	Organic Black Quinoa
<b>Allergens</b>	For allergens see ingredients in <b>BOLD</b> .

#### Nutritional Values per 100g

<b>Energy</b>	1,539kJ (368 kcal)
<b>Fat</b>	6.1g
<b>Of Which Saturates</b>	0.7g
<b>Carbohydrates</b>	64.2g
<b>Of Which Sugars</b>	2.7g
<b>Fibre</b>	7.0g
<b>Protein</b>	14.1g
<b>Salt</b>	0.1g
<b>Iron</b>	3.0mg

<b>Certifications</b>	Organic (Soil Association), Vegan Society
<b>Serving Requirements</b>	To serve 2 adults, Rinse 150g of Black Quinoa under running water for a couple of minutes. Place into a saucepan of fresh water. Bring to the boil, then reduce heat and simmer for 15-20 minutes or until cooked and tender.