

FOOD SUPPLEMENT

PRODUCT INFORMATION:

Two capsules typically provide:

Fish oil provides:	2000mg
Eicosapentaenoic acid (EPA)	1000mg
Docosahexaenoic acid (DHA)	500mg

Pure fish oil from sustainably fished anchovies, mackerel and sardines. Tested to ensure quality and purity. The oil is manufactured following zero waste and zero CO₂ philosophies.

INGREDIENTS: High omega 3 fish oil, capsule shell: gelatine (bovine), glycerine; anti-oxidant: mixed tocopherols.

Allergy advice: see ingredients in **bold**.

No artificial colours, flavours or preservatives.

*DHA contributes to the maintenance of normal brain function and normal vision[†]

[†]Beneficial effect is obtained with a daily intake of 250mg of DHA

HIGHER NATURE®



Super Potency Omega 3

1500mg EPA & DHA
Zero CO₂ fish oil



SUSTAINABLY
SOURCED



BRAIN*



VISION*

60 CAPSULES

- ✓ 100% fully traceable
- ✓ Sustainably sourced from Moroccan, Turkish and Peruvian waters
- ✓ Superior purity against international standards

DIRECTIONS: Adults take 1-2 capsules daily with a meal, or as your healthcare professional advises. Children 8 years and over, take 1 capsule daily. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: If you are taking any medication or have a medical condition, please consult your healthcare professional before using this product.

STORAGE: Store in a cool, dry place out of reach of children.

highernature.com



PRODUCT INFO



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