



# Slow Roasted Chick'n Lightly Seasoned

## Seasoned Chicken Style Wheat Gluten and Tofu Pieces

### UK Specifications

Nutrition Information		
	Per 100 g	Per portion of 1/4 cup (52 g) (%Reference Intake RI)
Energy	1081 kJ / 258 kcal	554 kJ / 133 kcal (7% RI)
Fat	13 g	6.8 g (10% RI)
Of which		
Saturates	1.2 g	0.6 g (3% RI)
Carbohydrate	8.1 g	4.2 g (2% RI)
Of which		
Sugars	2.1 g	1.1 g (1% RI)
Fibre	2.5 g	1.3 g
Protein	26 g	13 g (26% RI)
Salt	1.2 g	0.63 g (10% RI)

Reference intake of an average adult (8,400 kJ / 2,000 kcal)

Portions Per Container: 2.7

INGREDIENTS: Water, **wheat** gluten (33%), rapeseed oil, tofu (10%):water, **soya** beans, firming agents (magnesium chloride, calcium chloride); natural flavourings, **oat** fibre, cane sugar, cornstarch, potassium chloride, **soya** sauce (water, **soya** beans, **wheat**, salt), dried garlic, sea salt, firming agent (calcium lactate), spices, acid (citric acid), sunflower oil, **sesame** oil, smoke flavouring, **celery** seed oil, garlic puree, thickeners (gum arabic, xanthan gum), onion powder. **For allergens, including cereals containing gluten, see ingredients in bold.**

#### Handling

Keep Refrigerated

Ready to Eat- Not Shelf Stable

#### Shelf Life

Frozen, unopened: n/a

Refrigerated, unopened: 150 days from pack date

Keep refrigerated. Once opened, keep refrigerated and consume within 5 days.

#### Preparation Instructions:

Microwave: Remove Chick'n from paperboard box. Poke 2-3 holes in microwave-friendly pouch and heat on high for 60 seconds. Let cool and toss with your favorite ingredients.

Hob: Sautee in a skillet with 2 Tbsp oil, on high, for 2 minutes per side. After lightly searing, let cool and enjoy.

Item Number: 11931

Case GTIN: 100 25583 11931 1

Item UPC: 0 25583 11931 4

Net Weight: 141.7g (5oz) Case

Pack: 5/141g

#### Microbiological

Salmonella/Listeria: Negative

Coliforms/E.Coli: <100CFU/g

SPC, Yeast/Mold: <2000 CFU/g

#### Chemical

pH: 5.4-5.7

Aw: 0.95-0.97

Moisture: 45-49%

#### Preserved Identity

Vegan

Non-GMO

Certified Kosher Parve by KSA

Made in the USA

High in Protein

#### Distributed by

GB:Golden Acre Foods Ltd, PO Box 331, Chertsey, KT16 6FH



Made with in Oregon

Version: 240329

Revised by: EA

Reviewed by: GK