



FIND YOUR FLOW



ZEN

Adaptogenic Coffee
with Ashwagandha & L-theanine

12 sachets / 3.3g each



**NATURAL
INGREDIENTS**



MADE IN UK



**VEGAN
FRIENDLY**



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*We recommend that you consult with a doctor before starting any new dietary program.

**STORE IN A COOL DRY PLACE.
BEST BEFORE:**

**Free from
preservatives
& artificial
sweeteners.**
Just pure natural
ingredients, sourced
from around the world.

ZEN
Ingredients: barista-style coffee,
L-theanine, KSM-66 organic
ashwagandha root extract,
natural flavouring.
(12 sachets / 3.3g each)

ZEN
Adaptogenic Coffee

Nutrient	Per 100g	Per 3.3g sachet
Energy (kJ)	586(kJ)	19(kJ)
Energy (kcal)	140(kcal)	4.62(kcal)
Fat	1.3g	0.04g
-of which saturates	0.6g	0.02g
Carbohydrate	7.7g	0.25g
-of which sugars	5.1g	0.17g
Fibre	33g	1g
Protein	8.4g	0.28g
Salt (based on sodium)	0.09g	0.003g