

Product

Name	Vitamin B Complex with Nicotinamide 60 Veggie Caps
Description	Balanced Vitamin B Complex 60 Veggie Caps in our 100% reusable and recyclable bottle. B Vitamins contribute to normal energy yielding metabolism and reduction of tiredness and fatigue. Nicotinamide is a highly absorbable form of Vitamin B3. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar. Also available in our plastic free refill pouch.
Code	BAL21
Barcode	5056078809057
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	60 Veggie Capsules
Packaging Type*	Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable.
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Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%
Vitamin B1	50mg	4,545
Nicotinamide	50mg	312
Pantothenic Acid	50mg	833
Vitamin B2	40mg	2,857
Vitamin B6	25mg	1,786
Vitamin B12	50ug	2,000
Biotin	50ug	100
Folic Acid	100ug	50

*Nutritional Reference Value for Daily Recommended Intake

Ingredients	Capsule Shell (Vegetable Cellulose (HMPC)), Choline Bitartrate, Vitamin B1 (Thiamine HCL), Vitamin B5 (Calcium Pantothenate), Vitamin B3 (Nicotinamide), Inositol (Myo-inositol), (PABA (Para-aminobenzoic acid), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine HCL), Spirulina (<i>Arthrospira platensis</i>), Bamboo (<i>Bambus vulgaris</i>), Folic Acid, Vitamin B12 (Methylcobalamin), Biotin
Allergens	n/a

Certifications	Vegan Society
Serving Requirements	Adults take 1 capsule daily with a meal, or as directed by a healthcare professional.