

Product

Name	Organic Cardamom
Description	Roughly Triangular pods in cross section and oval or oblate with shells and seeds in the pod.
Code	JNB705
Barcode	2200000015697
Country of Origin*	Guatemala/Sri Lanka/Tanzania
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	25kg
Packaging Type*	Multi-wall paper bag
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	24 months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	311kcal
Fat	6.7g
Of Which Saturates	0.68g
Carbohydrates	68.5g
Of Which Sugars	
Fibre	28g
Protein	10.8g
Salt	

Certifications	Organic
Serving Requirements	