

**Subject:** Chilli Vegetables Details  
**Date:** Thursday, 11 September 2025 at 11:57:08 British Summer Time  
**From:** Nicky Garner | Crowbond Foodservice  
**To:** Mark Prove | Zuppe Ltd  
**Attachments:** image607922.jpg, image036222.png, image955460.png, image899370.jpg

### Chilli Vegetable & Barley

A bold and hearty soup with tender vegetables and wholesome barley with a warming kick of chilli - perfect for a comforting, plant-based meal. Excellent ingredients, slowly cooked for added flavour

Water, Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator: Citric Acid), Red Kidney Beans, Cannellini Beans, Onion, Courgette (6%), Potatoes (6%), Red Peppers (4.5%), **BARLEY (3.6%) (GLUTEN), CELERY (3%)**, Carrots (3%), Spinach (3%), Olive Oil, Tomato Paste, Vegetable Bouillon (Salt, Rice Flour, Onions, Parsnips, Carrots, Olive Oil, Turmeric, Parsley), Parsley, Garlic, Sea Salt, Balsamic Vinegar (Wine Vinegar (**SULPHITES**), Concentrated Grape Must), Chillies, Oregano, Basil, Black Pepper.

		Nutritional Analysis	
		per 100g	Per 250g
Energy	Kj	261kJ	652kJ
	Kcal	62kcal	155kcal
Fats		1.5g	3.8g
Of which Saturated		0.2g	0.5g
Carbohydrates		8.4g	21g
Of which Sugars		1.5g	4.5g
Protein		2.5g	6.3g
Salt		0.77g	1.9g



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